

Intervention: Growing Healthy

Finding: Insufficient evidence to determine effectiveness

Potential partners to undertake the intervention:

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|---|--|
| <input type="checkbox"/> Nonprofits or local coalitions | <input type="checkbox"/> Businesses or labor organizations |
| <input checked="" type="checkbox"/> Schools or universities | <input type="checkbox"/> Media |
| <input type="checkbox"/> Health care providers | <input type="checkbox"/> Local public health departments |
| <input type="checkbox"/> State public health departments | <input type="checkbox"/> Policymakers |
| <input type="checkbox"/> Hospitals, clinics or managed care organizations | <input type="checkbox"/> Other: |

Background on the intervention:

Growing Healthy is a comprehensive health education curriculum for students in grades K-6. Growing Healthy's program goals are related to life skills and physical health.

Findings from the systematic reviews:

The Office of Educational Research and Improvement (OERI) found insufficient evidence to determine effectiveness for this intervention. Practices that lack sufficient research to support effectiveness should not be confused with ineffective programs. Rather, they should be recognized as programs that have the potential to become evidence-based practices—if properly evaluated. Practitioners are encouraged to monitor the impact of these programs in their communities and report on their findings in order to build a base of knowledge sufficient to reach consensus.

OERI cited Growing Healthy as a promising program. See the link below for additional information.

Additional information:

Growing Healthy - www.nche.org

References:

OERI - [Exemplary and Promising: Safe, Disciplined, and Drug-Free Schools Programs](http://www.ed.gov/admins/lead/safety/exemplary01) - www.ed.gov/admins/lead/safety/exemplary01